



To make and enjoy as a family: refreshing and Fruity popsicles! Super easy!

1. Mix some Fruits (apricots, nectarines, strawberries, or raspberries...)
2. Keep 2 or 3 whole or in pieces
3. Mix the mixed Fruit with water and add a little sugar
4. Pour everything into the molds and place them for a few hours in the freezer!